



Bizzy Bees Pre-School CIO
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Charity Number: 1172751

Ofsted: EY556019

6.5.2 Celebration Policy

Policy statement

At Bizzy Bees Pre-School CIO we recognise that a birthday is a very special time for young children, and we want to ensure it is celebrated in an enjoyable, healthy and tooth friendly way, in following with our physical and nutritional policies and procedures.

We do this by:

Aim

- Therefore, we ask parents / careers not to bring in cake or unhealthy treats to celebrate birthdays. Healthy, tooth friendly treats are welcome, such as fresh fruit that children do not often have, for example exotic fruits. Non-food items are also permitted, for example stickers, or small stationary items.
- For any celebrations where we provide food or food-based activities in between meals, such as when celebrating Christmas, Pancake Day, Easter, Eid, Chinese New Year etc we will ensure that the food and drink will be tooth friendly i.e., fresh fruit / vegetables and savoury items, with milk or water to drink.
- At occasional events such as picnics, fun days, fundraisers and fairs we will offer a range of food, drink, activities, and prizes that support healthy, tooth friendly choices.
- Early years are required to positively promote the health and wellbeing of its children.
- Work around healthy eating is a high priority.
- To encourage healthy eating habits from an early age and improve the overall nutrition of children.
- The short-term effects of unhealthy eating packed lunches and food intake can include poor growth, tooth decay, obesity, anaemia, constipation, poor concentration and behavioural problems which may have an impact on a child's learning.
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Procedures

- Singing Happy Birthday to the child at circle time with their friends.
- Giving the child a birthday card and small gift from all their friends and staff at Bizzy Bees.
- Take a birthday photo for the child's development file so you will have a keepsake of their special day whilst attending Bizzy Bess.